



# The Distant Stare of incredible achievers...

AWESOME series of  
**WINTER**  
**LECTURES**

2017/18



Photo: Dan McManus of High Sports Ambassador Angus King

## Ian EVANS

Tuesday  
7th November  
2017

From scaling a shed roof at the age of 3 to a 44 day walk to the South Pole, Ian Evans has also climbed some of the highest mountains on earth. His more recent passion for mega solo cycling exploits across continents includes crossing the hottest of all, the centre of Australia. Ian, 'A Shropshire Lad' now living in Canada, is becoming internationally renowned for his award-winning documentaries such as **LUNATIC** winner of 7 film festivals to date, the evening will include a screening. This rare homecoming visit lecture will be packed with entertaining and inspiring film clips and many stories from his incredibly focused expeditions by this popular adventurer. **A GREAT START TO THE SERIES.**



## Nicky SPINKS

Tuesday  
5th December  
2017

High Sports are proud to present the energizing Nicky Spinks who made fell running history in becoming the fastest person to run a **DOUBLE Bob Graham Round**. The 49 year old cancer survivor marked 10 years post diagnosis by running the 132 mile Lake District route, which included 54,000ft of ascent, in a time of 45 hrs 30 mins, over an hour faster than the previous record set in 1979 by Roger Baumeister who supported Nicky, along with Joss Naylor, during her attempt. Nicky, a farmer from Yorkshire, was only the second person, and first woman, to go sub 48 hours. Her achievement gained widespread national media attention.

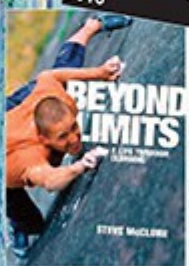
In uncharted territory, she pushed her body and mind to their limits. Nicky was diagnosed with breast cancer in 2006, making a strong recovery, she has set multiple fell and ultra running records across the UK and placed high in some of Europe's toughest races. Her story is truly remarkable & inspirational for all **NOT TO BE MISSED.**



## Steve McCLURE

Tuesday  
9th January  
2018

On the 4th June 2017 Steve McClure finally put to rest his seven year project **RAINMAN graded 9b**, at Malham, establishing the UK's hardest climb. Over the hill at 46, not Steve! From a first lead climb aged seven, through a desperate Pembroke sea cliff epic in 1988 when he was knocked out and dragged under water only to be saved by a wave that dumped him on the rocks, and an endless tally of super hard climbs that have made Steve a worldwide star and brilliant ambassador for his sport, plus he's featured on TV with Bear Grylls!



All lectures start 7.30pm prompt  
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Profits from all lectures go to the **YOUNGSTERS in the MOUNTAINS** fund & charity